

THE NICI

HOTEL ACTIVITIES

JOIN US

Plan your perfect day

JULY/AUGUST 2026
NEW FOREST

COME AND JOIN US AND ENJOY OUR COMPLIMENTARY HOTEL ACTIVITIES:

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
9am Gym Circuits 10am - 12pm Paddle Boarding at Lymington Salt Water Baths 5pm THE NICI in Motion: Run Club 6pm Spin Class	9am Stretch & Rise 9am THE NICI in Motion: Run Club 10am - 12pm Paddle Boarding at Lymington Salt Water Baths 6.30pm Sundown Stretch	8am Spin Class 10am - 12pm Paddle Boarding at Lymington Salt Water Baths 4pm Cocktail Making 6pm THE NICI in Motion: Run Club	9am Stretch & Rise 10am - 12pm Paddle Boarding at Lymington Salt Water Baths 11am Evolve Blend Bar Experience 3pm THE NICI in Motion: Run Club	9am Gym Circuits 10am - 12pm Paddle Boarding at Lymington Salt Water Baths 5pm Power Pump 6pm Cocktail Making	9am Spin Class 10am - 12pm Paddle Boarding at Lymington Salt Water Baths 4pm Evolve Blend Bar Experience 6.30pm Sundown Stretch	9am Yoga on the Lawn 10am - 12pm Paddle Boarding at Lymington Salt Water Baths 2pm Evolve Blend Bar Experience 4pm Cocktail Making

OR EXPLORE THE LOCAL AREA:

 LYMINGTON By foot: 0.8 miles  SALT WATER BATHS By foot: 0.9 miles	 KEYHAVEN HARBOUR By car: 4.5 miles  BROCKENHURST By car: 5.7 miles	 BEAULIEU By car: 8.6 miles  BUCKLER'S HARD By car: 10.2 miles	 HIGHCLIFFE CASTLE By car: 11.5 miles  MOORS VALLEY By car: 18.6 miles
--	---	--	--

Your stay at **THE NICI New Forest** unfolds at an unhurried pace. Scan and discover more to make the most of your stay on the Hampshire coast:

