



Spa

TREATMENT MENU

OSKIA

L O N D O N

OSKIA is a British nutri-cosmeceutical beauty brand specialising in luxurious, nutritional formulas that improve skin health for a vibrant, glowing complexion.

Winner of over 200 beauty and wellness awards, OSKIA's founder Georgie Cleeve has spent 12 years working with a team of internationally recognised nutritionists, doctors, dermatologists and skincare experts, developing pioneering technologies that increase ingredient bio-availability and perfecting the concept of nutritional skincare.

OTO

Guided by nature and grounded in science, OTO immersive spa treatments harness the power of plant extracts and actives, designed to deliver the optimum dose of CBD both transdermally for rapid muscular relaxation and internally for optimum nervous system support.

OTO's range of award-winning products are researched and designed with the utmost care and attention, using the purest ingredients, sustainably sourced, naturally derived, and vegan friendly.



FACIAL

OSKIA FACIAL

An opulent treatment combining traditional techniques such as acupressure, specialist face sculpt-and-tone massage, reflexology and lymph drainage, as well as gentle enzyme and AHA peeling, leaving you with a beautifully healthy and glowing complexion.

Using the renowned OSKIA professional skincare range and result-driven technology, our highly skilled therapists will tailor the treatment to your needs.

45 minutes: £95

75 minutes: £135

60 minutes: £115

90 minutes: £150

THE NICI x OTO SIGNATURE

Our signature facial treatment is designed to rebalance tired, stressed skin and restore radiance both inside and out. This holistic experience combines OTO CBD facial products with a re-centring sound therapy and uses a clear quartz crystal for a truly restorative experience. This treatment is completed with an OTO CBD Seltzer.

60 minutes: £115

90 minutes: £150

OSKIA HIGH-SPEC LED LIGHT

Add this revolutionary LED Light to enhance the skin's own cellular processes and enjoy a hand rejuvenation treatment to ensure you relax and unwind while your facial works overtime.

15 minutes: £25

30 minutes: £45

A £10 supplement will be applied to all treatments on Fridays, Saturdays, Sundays and Bank Holidays. A discretionary 12.5% service charge will be added to the price of each booking.

MASSAGE

OSKIA MASSAGE

A restorative treatment to release stress and tension. Infused heated towels and warmed, nurturing OSKIA oils immediately induce relaxation, while Eastern-inspired techniques reduce muscular aches and pains, leaving you and your body profoundly calm yet reinvigorated. Our therapists will create a bespoke massage for you in response to your body's needs.

45 minutes: £95

75 minutes: £135

60 minutes: £115

90 minutes: £150

PREGNANCY MASSAGE

This precious experience is as exhausting as it is exciting, making pregnancy massage an indulgent necessity for mums-to-be. Our unique pregnancy massage is profoundly nurturing and tranquil. Performed on a bed, you are lulled and restored to optimum wellness. This is an intuitive, sensitive and relaxing massage that hydrates and moisturises skin that is working hard to accommodate a growing baby.

45 minutes: £95

60 minutes: £115

THE NICI x OTO SIGNATURE

Our signature massage treatment uses the power of CBD in a beautifully curated essential oil blend, promoting relaxation and allowing deeper penetration to the muscles. This experience is completed with an OTO CBD Seltzer.

60 minutes: £115

90 minutes: £150

A £10 supplement will be applied to all treatments on Fridays, Saturdays, Sundays and Bank Holidays. A discretionary 12.5% service charge will be added to the price of each booking.





BODY

OSKIA RITUAL

This OSKIA full-body treatment is designed to deeply hydrate, tone, purify and renew. A fine pink Himalayan salt scrub first invigorates the skin, followed by fruit enzymes and a triple-weight Hyaluronic-Acid complex to smooth, soften and brighten your body. Finished with a tension-releasing massage. Your therapist will determine the ideal combination to meet your body's needs.

60 minutes: £115

120 minutes: £190

90 minutes: £150

THE NICI x OTO SIGNATURE

Our signature body and face ritual is tailored around you, designed to either re-energise, rejuvenate or balance, depending on your needs. Using the power of CBD in a beautifully curated essential oil blend, as well as specific crystals and a handcrafted bamboo roller to rejuvenate deeper levels of the muscle. The experience is accompanied by a soundscape to fully immerse you and help you to “find your space”. This treatment is completed with an OTO CBD Seltzer.

90 minutes: £150

120 minutes: £190

A £10 supplement will be applied to all treatments on Fridays, Saturdays, Sundays and Bank Holidays. A discretionary 12.5% service charge will be added to the price of each booking.

THE NICI SUNRISE

Start the day THE NICI way! Join us for a hearty breakfast in our South Beach Restaurant and then embrace all THE NICI Spa has to offer, including a treatment of your choice.

Take a dip in our 18-metre indoor swimming pool or plunge into the hydrotherapy pool. For those wanting to ease aching muscles or tension, enjoy full use of our sauna and steam rooms.

Alternatively, if you are feeling a bit more energetic, take advantage of our state-of-the-art gym and fitness facilities. Or simply take some time out in our relaxation room and curl up with a good book or magazine.

Whether you are looking for a tranquil escape from it all, or to put that bounce back in your step, THE NICI Spa is the perfect place to experience it all over one blissful morning.

INCLUDES:

- Complimentary valet parking on arrival (subject to availability)
- Breakfast in our South Beach Restaurant (available 7am to 10am)
- Full use of THE NICI Spa (available for five hours after breakfast)
- Complimentary use of robes, slippers and towels
- Treatment and duration of your choice.

Monday – Thursday

60 minutes: £165

90 minutes: £200

Friday – Sunday

60 minutes: £175

90 minutes: £210

A discretionary 12.5% service charge will be added to the price of each booking.





THE NICI SIESTA

Join us for an entire afternoon of pampering and wellness! Start with lunch in our South Beach Restaurant and then head to THE NICI Spa for a treatment of your choice.

Make the most of our state-of-the-art gym and fitness facilities including cardio, resistance and functional training equipment. Enjoy the warm waters of our 18-metre indoor swimming pool or plunge into the hydrotherapy pool.

And if there's more tension to release, let it all go with full use of our sauna and steam rooms, or simply take some time out in our relaxation room to rediscover your inner calm.

Whether you want to unwind in a calming spa environment or re-energise your body and mind in our incredible facilities, THE NICI Spa is all yours for a whole afternoon.

INCLUDES:

- Complimentary valet parking on arrival (subject to availability)
- Lunch in our South Beach Restaurant (available 12pm to 3pm)
- Full use of THE NICI Spa (available for five hours after lunch)
- Complimentary use of robes, slippers and towels
- Treatment and duration of your choice.

Monday – Thursday

60 minutes: £165

90 minutes: £200

Friday – Sunday

60 minutes: £175

90 minutes: £210

A discretionary 12.5% service charge will be added to the price of each booking.

THE NICI SUNSET

Indulge in an evening of total relaxation! Watch the sun go down while you tuck into our signature Champagne Afternoon Tea from our stunning sea-facing South Beach Restaurant.

Then make your way to THE NICI Spa to enjoy all the amazing facilities on offer, including a treatment of your choice. If you're still feeling active, take advantage of our state-of-the-art gym and fitness facilities, go for a leisurely swim in our 18-metre indoor swimming pool or plunge into our soothing hydrotherapy pool.

Post-exercise, relax and let your body fully recover in our sauna and steam rooms. End your sunset spa experience by sinking into a crystal energy lounge in our relaxation room, helping the body to restore to its natural equilibrium.

Whether you are seeking a haven from the outside world, or to re-energise mind and body, THE NICI Spa is the place for you – all in one evening.

INCLUDES:

- Complimentary valet parking on arrival (subject to availability)
- Afternoon tea in our South Beach Restaurant (available 3pm to 5pm)
- Full use of THE NICI Spa (available for five hours after afternoon tea)
- Complimentary use of robes, slippers and towels
- Treatment and duration of your choice.

Monday – Thursday

60 minutes: £150

90 minutes: £185

Friday – Sunday

60 minutes: £160

90 minutes: £195

A discretionary 12.5% service charge will be added to the price of each booking.

We hope you enjoy your treatments and if you love the products used, they are available to purchase.

Please ask a member of staff for details.



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